## ) (TLS WEIGHT MANAGEMENT SOLUTION

## ABOUT WELLTRIM® IG

WellTrim iG (IGOB131<sup>®</sup>) is a clinically studied extract of African mango, also known as Irvingia gambogia. This botanical ingredient is a traditional West African culinary fruit kernel in which the mucilage (a glycotprotein) is used to make traditional soups, such as Ogbono. The African mango trees can be found throughout farms and tropical forests of Central and Western Africa.

## WELLTRIM IG HAS BEEN SHOWN TO INCREASE LEVELS OF THE HORMONE ADIPONECTIN. THIS IS IMPORTANT BECAUSE...



Adiponectin levels are inversely related to body fat percentage; the greater the levels of adiponectin, the lower the percentage of body fat.



Higher levels of adiponectin are associated with increased insulin sensitivity and improvement in fatty acid utilization.



Higher adiponectin levels have been shown to beneficially inhibit adipocytes (fat cells) from differentiating and multiplying.

## IN A 10-WEEK CLINICAL STUDY, PARTICIPANTS TAKING 300 MG DAILY OF WELLTRIM IG...



WellTrim<sup>®</sup> iG is a trademark of Icon Group, LLC.

Ngondi J et al. IGOB131, a novel seed extract of the West African plant Irvingia gabonensis, significantly reduces body weight and improves metabolic parameters in overweight humans in a randomized double-blind placebo controlled investigation. Lipids in Health and Disease. 8:1-7, 2009.